

Legal limits of Confidentiality

Confidentiality is not guaranteed in life threatening situations involving yourself or others, or in situations in which children, elderly or those with disabilities are put at risk (such as by sexual, physical abuse or neglect), in accordance with the law.

Confidentiality does not extend to criminal proceedings in Texas. If a client is presently or will later become involved in a criminal lawsuit then their file may be opened for court inspection.

If a client discloses that a previous therapist has behaved in a sexually inappropriate manner, then a report must be made to proper authorities. Clients' identity need not be disclosed.

Policies about appointments and fees

My standard fee for a 50- minute individual therapy session is \$120. An individual 80- minute session is \$140. Payment is due at the time of service delivery. I except cash, check and credit/debit cards payment forms. A service fee will be charged in the event of a returned check-\$25. If this occurs twice, only cash or credit cards will be accepted

You will not be charged for missing a session if you give at least 24-hour advance notice of your cancellation. Otherwise you are responsible for a \$75 fee that is payable before or at the next appointment.

Please call and leave a message or text at 512-496-8822, if you need to cancel or reschedule a session.

Phone and emergency contact

My confidential phone and voice mail is 512-496-8822. I check my messages often, and make every effort to return your call as soon as possible.

In a mental health emergency, if you are unable to reach me between 9am-5pm.

*Mon.-Fri., call your medical doctor, 911, or the 24-hour MHMR hotline
(Austin) 512-472-4357, #1 or (Hays County) 877-466-0660*

Insurance

As a Licensed Professional Counselor my fees are reimbursable for services if your insurance covers mental health counseling. I will give you a statement upon payment, which you can file with you insurance company if I am not a provider for your insurance company. Currently I am a provider for Aetna, Blue Cross/Blue Shield, Cigna, and Value Options.

Assignment and Release for those paying with Insurance

I certify that I have insurance coverage and assign directly to Ann Zbylot, LPC, all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I authorize the use of signature on all insurance submissions.